



155 Central Street ~ Winchendon, MA 01475
978-297-YMCA (9622) ~ www.theclark.com

CAMP RULES & POLICIES

Rules for acceptance and participation in the program are the same for everybody without regard to race, creed, color, or national origin.

HEALTH & SAFETY:

Physical examination form, dated within 1 year of date of camp session, must be received two weeks prior to camp date and may be mailed, faxed or hand-delivered. School physical forms are acceptable.

The following items are strictly prohibited and will result in immediate dismissal from camp:

weapons, drugs, alcohol & tobacco products.

Campers are not permitted to bring gum to camp.

Infraction of rules will result in dismissal of camper at the Director's discretion. No refund will be made unless camper is sent home by order of a physician.

WHAT TO BRING TO CAMP:

MARK NAMES ON ALL CLOTHING AND POSSESSIONS. Camp is a very busy place. Although we try to remind campers about the care of their belongings, clothes can get very dirty and may get lost. Electronic games, radios and MP3 players are allowed for Pre & Post Camp Care only but not recommended. The Clark Memorial YMCA will NOT be responsible for damage or loss incurred while at camp.

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| <input type="checkbox"/> Brown Bag Lunch (No Refrigeration) | <input type="checkbox"/> One-Piece Swimsuit & Towel |
| <input type="checkbox"/> Snacks & Drinks (No Glass Please) | <input type="checkbox"/> Ear plugs/bathing caps/goggles (if you wish) |
| <input type="checkbox"/> Water Bottle | <input type="checkbox"/> Change of comfortable, modest clothes |
| <input type="checkbox"/> Sunscreen (No Sprays) | <input type="checkbox"/> Sneakers or back strapped sandals |
| <input type="checkbox"/> Insect Repellent (STICKS OR CREAMS ONLY PLEASE.) | |
| <input type="checkbox"/> Plastic bag for wet clothes | <input type="checkbox"/> Hat with Visor (Recommended) |

DROP-OFF / PICK-UP RULES:

Your child must be signed in and out by an authorized adult with a valid Photo I.D. each and every time they are dropped off at or picked up from the Wendell P. Clark Memorial YMCA.

FIELD TRIPS:

Campers will be participating in a field trip each week. Field Trip Permission Forms will be given out to each camper on the 1st day of each session. These forms MUST be completed and returned prior to or at drop-off time on the slated field trip day. A camper without a completed form will not be allowed to participate in field trip activity. A field trip form must be completed and received for each week's trip, regardless to if your child participated in prior field trips. ***There will be NO alternative care for children who do not participate in field trips!***

Please remember to call the Camp Director if your camper is absent for the day. Also, any changes to transportation plans must be called into the Camp Office by 3:00 pm. Otherwise, the camper will exit camp according to the daily plan. Late arrivals and early dismissals are accomplished through the Camp Director. Please send a note and/or make a phone call to notify our staff so these procedures happen smoothly for your camper. **Thank You!**